

Dear Friends in *EA*,

In order to foster communications between *EA* members, we have an E-mail Discussion Loop called *EAnon*. You can register at: <http://lists.scrubber.metroprovider.com/mailman/listinfo/EAnon>.

If at a later time you wish to be removed from the loop that can be done at the same address.

Once you receive the Welcome Letter, send a note introducing yourself to others on the loop. You may wish to include some writing on your favorite *EA* tool. What you share on the loop should be *EA* related. The address for the loop is: *EAnon@mtn.org*.

The address you write from may show up as a return address. I have also been told there may be ways for nonsubscriber to access materials posted on this or any other discussion list. If either of these is of concern to you should not join this *EAnon*.

This is not a bulletin board or a news group. It is a place to share your *EA* growth and recovery with other *EA* members who want to hear what you have to say about *EA* and to share their own recovery path.

Although there is no cost to join the loop an annual contribution is suggested to help defray costs.

Karen Mead

Karen Mead
Executive Director

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